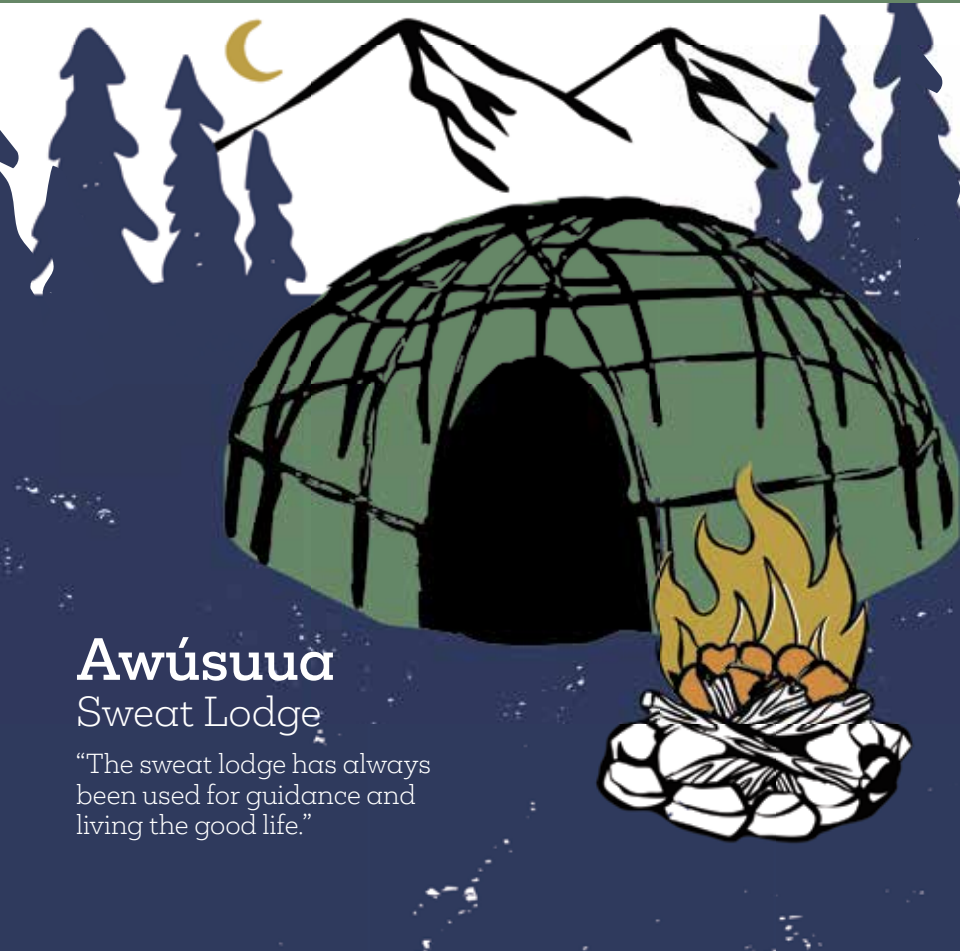


RECLAIMING SPIRIT GIFTS FROM THE SWEAT LODGE

American Indian Youth Alcohol
Bilikawiaa (Bad Water) Prevention



Awúsuaa Sweat Lodge

“The sweat lodge has always
been used for guidance and
living the good life.”



The Bilikawiia (bad water or alcohol) takes you to a different element. It takes you down the road of depression and all this stuff you are trying to get rid of. With all the sweat and steam, it purifies you.”



LIVING THE GOOD LIFE, REMEMBERING WHO WE ARE

American Indian Youth Alcohol
Bilikawiia (Bad Water) Prevention

One of the ceremonies that we use to cleanse our bodies and celebrate life is the **Awúsuua** (sweat lodge). If people use alcohol or drugs, we do not allow them in the **Awúsuua**.

The incentive is to be clean, so you can go into an **Awúsuua** for self-discovery and to celebrate life. **Don't you want to be accepted into the sweat lodge?**





*When we go into a sweat, we ask for help, and we ask to return
to our traditional culture and spirituality.*



*Rocky Mountain Tribal Leaders Council • All Nations Youth Partnerships for Success
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LOSING YOUR SPIRIT

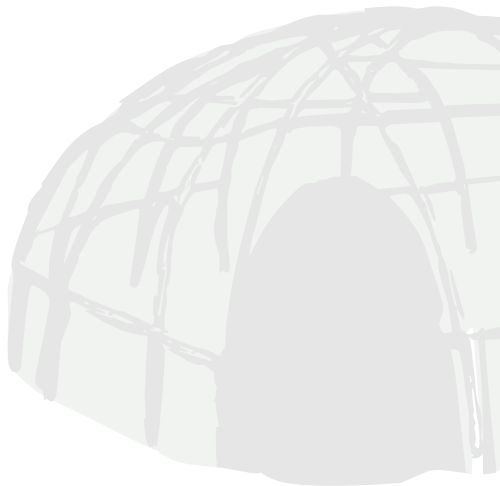
Bilikawiia
(Bad Water or Alcohol)



Alcohol and substance abuse may seem like a fun idea, but all it does is destroy your body and mind. **Bilikawiia** makes it impossible for you to care for those you love and know your sacred place in this world.



When we go into a sweat, we ask for help, and we ask to return to our traditional culture and spirituality.



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