

**WE SMUDGE OUR EYES SO WE CAN SEE GOOD THINGS.
WE SMUDGE OUR MOUTH SO WE CAN SAY GOOD THINGS.
WE SMUDGE OUR EARS SO WE CAN HEAR GOOD THINGS.
WE SMUDGE OUR FEET SO WE CAN WALK IN A GOOD WAY.
WE SMUDGE OUR MIND SO WE CAN THINK IN A GOOD WAY.
WE SMUDGE OUR HEART SO WE CAN LOVE IN A GOOD WAY.**





*"Our first teacher is our own heart."
-Cheyenne Proverb*



*Rocky Mountain Tribal Leaders Council • All Nations Youth Partnerships for Success
Les Left Hand, Project Director • Amanda Stops, Project Coordinator
2929 3rd Ave N, Ste 300 • Billings, MT 59101 • 406-252-2550 • www.rmtlc.org*