# WHAT IS STIMULANT OVERAMPING?

Overamping: a term that describes an "overdose" on speed or cocaine

### WHAT CAUSES OVERAMPING?



Speed, cocaine, and crack are unpredictable. Being in situations that make you uncomfortable, or taking it when you are run down, can cause you to feel overamped

## OVERAMPING PREVENTION



- 1. Go to a local clinic, where you can be honest about drug use.
- 2. Make sure to get your heart, blood pressure, cholesterol, and circulation checked.
- 3. Take care of your body take all of your health medications, eat well, get plenty of rest, and drink water.

### RECOGNIZING SYMPTOMS



Overamping can lead to heart attack, stroke, seizure, or overheating. Other symptoms: vomiting, passing out, chest pain, sweating profusely, limp jerking, severe headaches.

## PSYCHOLOGICAL SYMPTOMS



- Extreme anxiety
- Panic
- Extreme paranoia
- Increased aggressiveness
- Restlessness

# RESPONDING TO OVERAMPING



Symptoms that are the most common when experiencing overamping include: overheating, stroke, seizure, heart attack.

# RESPONDING TO OVERAMPING

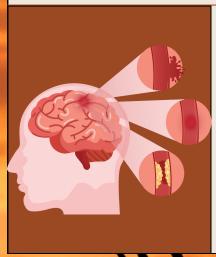
\*\* If you or someone you know is experiencing overdamping, call 911\*\*

### OVERHEATING



Overheating can be deadly! Make sure to drink a lot of water and electrolytes, place a cold, wet cloth under armpits, back of knees, and on the forehead. Symptoms: headaches, low blood pressure, swollen lips, etc.

#### STROKE



Strokes occur when a blood clot blocks a blood vessel to the brain. Symptoms: numbness/weakness of the face, arm, or leg, trouble speaking, trouble seeing either out of one or both eyes, dizziness, severe headache

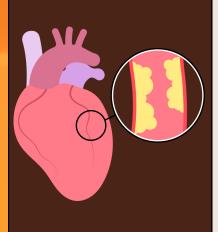
#### SEIZURE



Seizures are convulsions of the body symptoms: drooling, snorting, twitching, loss of consciousness, entire body stiffening, uncontrollable muscle spasms, etc. CALL OII IS THE SEIZURE LASTS

OVER 5 MINUTES!

### HEART ATTACK



Squeezing, or pain in the center of the chest, discomfort in the neck, arm, jaw, etc., shortness of breath, and lightheadedness



Provided by RMTLC Tribal Opioid Response Program https://www.rmtlc.org/tribal-opioid-response/