Adverse Childhood Experiences (ACEs)

Suicide and Crisis Hotline - 988

Sources

Brought to you by the RMTLC Tribal Opioid Response (TOR) Program
For more information visit the TOR Program website

www.rmtlc.org/tribal-opioid-
What are ACEs?

ACEs are traumatic events that occur between the ages of 0 and 17 years old.

Type of ACEs

- **Abuse**
  - any type of physical, emotional, or sexual abuse

- **Neglect**
  - physical or emotional neglect

- **Household Dysfunction**
  - substance abuse
  - incarceration
  - mental illness
  - domestic violence

ACEs Effects

- mental health issues (anxiety, depression, suicide ideation)
- chronic diseases (heart problems, inflammation, etc.)
- unemployment
- substance abuse

What is Substance Abuse?

Substance abuse is the dependency of highly addictive substances -- Alcohol, Prescription Drugs, Opioids (National Cancer Institute, n.d.).

Substance abuse within the home can increase the likelihood of children developing a high ACE score.

American Indians & Alaskan Natives score 2.32 times higher than any other ethnicity (Giano et al., 2020).