Traditional Native tobacco is sacred. It is used for prayer and spiritual ceremonies and to keep our people spiritually connected, safe and healthy.

Many do not understand this gift. Native tobacco is a direct connection to the Creator, used as an offering for thanks and rituals for healing. Tobacco is often given as gifts to Elders for guidance, wisdom, knowledge, and thanks.

Traditional Ceremonial Pipe

Leonard Bends,
Traditional Cultural Leader
Apsaalooke (Crow) Nation of Montana

SACRED • CEREMONIAL • SAFE

For more information, Good Health & Wellness in Indian Country Program, (406) 252-2550 https://www.rmtlc.org/ghwic/