



# REMINDERS TO HELP STOP COVID-19

**Summer is approaching and cases are rising again. Here are some reminders to keep you and your family safe!**



## Vaccine

Get vaccinated! Vaccines and boosters are still available. Follow local guidance about vaccination.

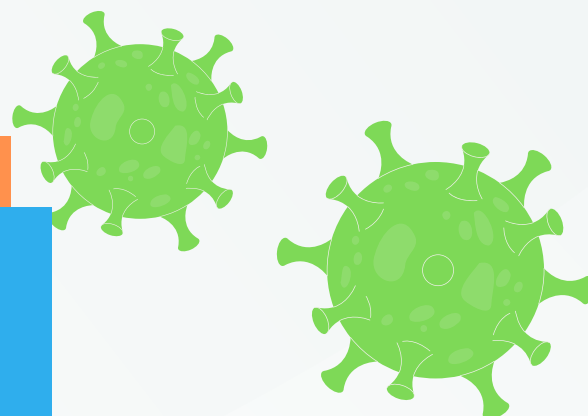
## WEAR A MASK

Although mandates have lifted, we encourage mask wearing. Especially indoors or when physical distancing is not possible.



## WASH HANDS

Remember to wash your hands for at least 20 seconds with soap and water. If soap and water are not readily available, use a hand sanitizer with at least 60% alcohol.



**For more guidance and information visit [cdc.gov](https://www.cdc.gov)**