COVID-19 VACCINES: UPDATED GUIDELINES

Current Information
- 2 boosters available: 2nd booster for those above 50 years old
- If exposed to COVID-19, the risk of an extended illness is much lower if vaccinated.
- Continue to wear a mask, practice physical distancing, wash your hands for at least 20 seconds, quarantine if exposed and isolate when ill.
- Lastly, GET VACCINATED!

WHO CAN GET IT?
- Anyone 5 years and older
- Those who are moderately or severely immunocompromised

WHY SHOULD YOU GET IT?
- New variants of COVID-19 have been popping up in many communities.
- Reason: Viruses naturally mutate and new variants (strains) are made.

Variants can be dangerous!
- Variants can impact people differently, ranging from mild to life threatening.
- Best way to prevent variants is to GET VACCINATED!

WHERE CAN YOU GET IT?
- Visit Vaccines.gov to register and find providers
- Text your ZIP code to 438829 or call 1-800-232-0233
- Check local pharmacies
- Ask your Tribal Health Director

Sources: