

QUIT NOW


Your life depends on it


Commercial tobacco use kills more than 480,000 Americans a year. It also causes pre-term births, cancer, heart disease, plus it affects the people around you. Over 16 million people are living with at least one serious smoking related illness, and tobacco use is the leading preventable cause of death and disease in the United States.

Make the choice to keep yourself and your family and friends healthy and safe.

By The Numbers
16 Million Americans
suffer from smoking related disease

 **480,000**
annually die from smoking

 **14%**
(34 million) adults smoke cigarettes in the US in 2019

 **20%**
of coronary deaths are caused by tobacco



AMERICAN INDIAN
Commercial Tobacco Quit Line
1-855-5AI-QUIT
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