



TOURO COLLEGE  
OF OSTEOPATHIC MEDICINE

HARLEM • MIDDLETOWN



EXPERIENCE THE TOURO COLLEGE OF OSTEOPATHIC MEDICINE

CREATING THE PHYSICIANS OF TOMORROW



## ABOUT TOUROCOM

The Touro College of Osteopathic Medicine (TouroCOM), with campuses in Harlem and Middletown, offers a four-year medical school program to educate physicians to practice in underserved communities. Clinical education is provided through affiliated teaching hospitals and medical centers throughout the region that provide a wide range of clinical exposure, and our dynamic flipped classroom best prepares our students for achievement. Our students and faculty work in the community to provide health screenings and patient education at our campuses, and offer mentoring and outreach for high school and college students to instill an interest in math and science and to prepare them for the health professions.

TouroCOM has graduated more than 800 physicians who serve residencies at well-recognized local, regional and national academic medical centers in all specialties. Touro College also offers a one-year Master of Science program hosted at our campuses that is distinctive amongst post-baccalaureate offerings. M.S. degree candidates are granted provisional acceptance into the Doctor of Osteopathic Medicine program, subject to meeting the minimum grade requirements described in the Student Handbook.

**TOUROCOM NEW YORK IS COMMITTED TO TRAINING PHYSICIANS WHO ARE DEDICATED TO ADDRESSING COMPLEX HEALTH ISSUES, INCLUDING HEALTHCARE DISPARITIES.**



## OUR MISSION

The Touro College of Osteopathic Medicine is committed to training osteopathic physicians, with a particular emphasis on practicing medicine in underserved communities, and to increasing the number of underrepresented minorities in medicine.

We value and support public service, research, graduate medical education and osteopathic clinical service in the community that will strive to improve health outcomes for those we serve.

We will work to educate students through the use of latest innovative education techniques using summative and formative measures so as to graduate qualified osteopathic physicians.



# OSTEOPATHIC MEDICINE

Osteopathic medicine is a distinct form of medical practice in the United States. Osteopathic medicine provides all of the benefits of modern medicine, including prescription drugs, surgery and the use of technology and manual techniques to diagnose disease and evaluate injury.

Doctors of Osteopathic Medicine (DOs) are trained to look at the whole person, rather than looking at the single symptom or sign. Osteopathic physicians strive to achieve health in their patients by considering a balance of diet, exercise, judicious application of medicine, surgery, psychiatry and prescription drugs. Many osteopathic physicians serve as first responders to protect life and limb in an emergency.

## FUTURE PHYSICIANS

Each year our graduates land top residencies on “Match Day,” the day when medical students across the country learn where they will spend the next three to seven years training to practice medicine.

DOs are licensed to practice the full scope of medicine in all 50 states. They practice in all types of environments, including the military, and in all types of specialties, from family medicine to obstetrics, surgery and aerospace medicine.

Nearly one in four medical students in the United States now attends an osteopathic medical school.



## OUR PROGRAMS

**HARLEM, NY &  
MIDDLETOWN, NY**

Programs offered:

- Doctor of Osteopathic Medicine Program (DO)
- M.S. Program in Interdisciplinary Studies in Biological and Physical Sciences

## OUR CAMPUSES

- Modern lecture halls
- Interdisciplinary classrooms
- Osteopathic Manipulative Lab (OMM)
- Anatomy/microscopy/research labs
- Libraries at both campuses
- Objective structured clinical examination rooms
- Federally funded medical simulation laboratory (SIM Center)
- Onsite dormitory (Middletown campus only)



# THE TOUROCOM PROGRAM AND CURRICULUM

The SIM Center enables students to learn diagnostic procedures, decision-making and teamwork. In order to demonstrate competence, osteopathic medical students perform procedures on simulators, or robots, before treating live patients. Touro College of Osteopathic Medicine's Harlem Campus was awarded a grant from the Health Resources & Services Administration (HRSA) to expand the medical simulation facility, in recognition of its commitment to high standards of patient care.

TouroCOM's curriculum, as with other osteopathic medical schools, consists of four years of academic study. The curriculum, as well as clinical experience, focuses on problem solving, diagnosis, preventative medicine and comprehensive patient care. The program is divided into two phases:

## ➔ BASIC SCIENCES

During the first and second years, students study the organ systems of the body and receive preliminary clinical exposure in the form of shadowing.

## ➔ CLINICAL EXPERIENCE

In the third and fourth years, clinical rotations are offered under the supervision of faculty at affiliated medical institutions throughout the New York/New Jersey metropolitan area.

The students undergo a rigorous medical school curriculum for more than 130 weeks over the four-year period. The courses offered for the first and second year pre-clinical study include subjects such as: anatomy, biochemistry, microbiology, immunology, physical diagnosis, osteopathic manipulative medicine, pharmacology and preventative medicine. The third and fourth years focus on clinical study and include rotations in family medicine, internal medicine, obstetrics and gynecology, pediatrics, psychiatry, surgery, anesthesia, emergency medicine and a wide range of electives.

The dynamic flipped classroom with high-impact classroom sessions is the main method of course delivery utilizing two “smart podium”-equipped lecture halls that seat an entire class, along with smaller “breakout” classrooms that are similarly equipped. The school employs an innovative system that enables students to view pre-recorded lectures at convenient times and features interactive conversations to enhance instruction.

## STUDENT LIFE



We're home to over 20 student groups dedicated to leadership development, professional networking and health advocacy. Student Organizations are encouraged to align their involvement with TouroCOM's Mission & Vision, which is focused on increasing the amount of primary care physicians in underrepresented communities. See [tourocom.touro.edu/student-life/student-organizations](http://tourocom.touro.edu/student-life/student-organizations) for a complete list of organizations.

## STUDENT OUTREACH



At TouroCOM we're committed to increasing the number of underrepresented minorities in medicine. And, we're serious about our commitments. We want graduates who will give back to their communities and that starts when they're students.

That's why we're involved in a number of community programs to help those who are interested in medical careers. Because there are steps younger students can take in elementary, high school and college to help them reach their goal and get to medical school. And, because for our current students, being a part of the community starts now.

We start in kindergarten, visiting local schools as part of the Project Aspire and Cubs for Scrubs programs. For High School students there's Med-Achieve, National Youth Leadership Forum on Medicine and Mentors in Medicine.

## RESEARCH



To combat and prevent disease, we must first understand it. With fully equipped labs at our disposal, TouroCOM faculty are hard at work, doing innovative medical and educational research.

### RESEARCH LABORATORIES

TouroCOM facilities currently include labs that support advanced research in:

- Pathology/Histology
- Confocal Microscopy
- Digital Pathology and Tele-Pathology
- Advanced Computing
- Tissue Bank
- Immunology
- Tissue Culture
- Clinical Assessment
- BioSafety

## GRADUATION



In 2017-2018, TouroCOM celebrated its 10th Anniversary in Harlem and the 1st graduating class at the Middletown campus.

In 2018-2019 following graduation, we are proud that over 98% of Touro's DO graduates have been matched to post-graduate residencies, a statistic that exceeds the national average.

Post-residency, the majority of our graduates practice in:

- Anesthesiology
- Dermatology
- Emergency Medicine
- Family Medicine
- General Surgery
- Internal Medicine
- Neurology
- OBGYN
- Pediatrics
- PM&R
- Psychiatry
- Radiology



# INTERESTED IN APPLYING?

## APPLICATION PROCESS

- ➔ **Step 1.** Submit a Primary Application via the American Association of Colleges of Osteopathic Medicine Application Service (AACOMAS).  
[www.aacom.org/become-a-doctor](http://www.aacom.org/become-a-doctor)
- ➔ **Step 2.** After an AACOMAS application is verified and reviewed, eligible applicants will be invited to complete a supplemental application. After a supplemental application and secondary materials are submitted and reviewed, applicants will be considered for interviews.
- ➔ **Step 3.** Select candidates are invited to attend an interview day on our campus.
- ➔ **Step 4.** Applicants are sent a committee decision via e-mail.

## ADMISSION REQUIREMENTS

- MCAT (Medical College Admissions Test)
- An Accredited Bachelor's Degree or Higher
- Completion of Prerequisite Coursework
- CASPer exam (see [takecasper.com](http://takecasper.com))

## PREREQUISITES

- Biology (*8 Credits with Lab*)
- Inorganic Chemistry (*8 Credits with Lab*)
- Organic Chemistry (*8 Credits with Lab*)
- Physics (*8 Credits*)
- English (*6 Credits*)
- Math (*3 Credits*)
- Behavioral Sciences (*6 Credits*)



## FINANCIAL AID & SCHOLARSHIPS

TouroCOM students apply for — and receive — thousands of dollars in internal and external scholarships every year. Whether through the military, medical foundations or independent organizations, the funding is there. Apply for it. See [tourocom.touro.edu/admissions--aid/financial-aid/scholarships](http://tourocom.touro.edu/admissions--aid/financial-aid/scholarships) for more information.

Financial assistance is available to those who qualify through federal private loan sources. Many students cover tuition and cost of living expenses through grants and/or loans.

Students begin the process of applying for financial assistance by completing a Free Application for Federal Student Aid (FAFSA). The FAFSA application is available online at: [www.fafsa.ed.gov](http://www.fafsa.ed.gov)

The Touro College institutional code is: **010142-00**



**TOURO COLLEGE**  
OF OSTEOPATHIC MEDICINE

*Where Knowledge and Values Meet*

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**FOR MORE INFORMATION CONTACT THE OFFICE OF ADMISSIONS:  
ADMISSIONS.TOUROCOM@TOURO.EDU**

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### **HARLEM CAMPUS**

2090 ADAM CLAYTON POWELL JR. BLVD., SUITE 519, NEW YORK, NY 10027  
212.851.1199 X 42588 or 42544 • FAX: 212.851.1183

### **MIDDLETOWN CAMPUS**

60 PROSPECT AVE., MIDDLETOWN, NY 10940 | 845.648.1111 • FAX: 845.648.1018

### **DIRECTORS OF ADMISSIONS**

HARLEM: 212.851.1199 X 42589 • MIDDLETOWN: 845.648.1112

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*For demographic and enrollment information, and information regarding GME Match Results and TouroCOM-NY examination performance, please visit: [tourocom.touro.edu/about-us/our-students](http://tourocom.touro.edu/about-us/our-students).*

*For information regarding DO licensure (COMLEX) and graduate medical education (Match results), please visit: [tourocom.touro.edu/academics/do-program/outcomes](http://tourocom.touro.edu/academics/do-program/outcomes).*

*ACCREDITATION: Touro College of Osteopathic Medicine is accredited by the Commission on Osteopathic College Accreditation (COCA) of the American Osteopathic Association (AOA).*

*Touro College of Osteopathic Medicine is a division of Touro College, which is accredited by the Middle States Commission on Higher Education, 3624 Market Street, Philadelphia, PA 19104, Tel. 267.284.5000.*

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**[tourocom.touro.edu](http://tourocom.touro.edu) •     @WeAreTouro**

Touro College is an equal opportunity institution. For Touro's complete Non-Discrimination Statement, please visit [www.touro.edu](http://www.touro.edu).