

COVID-19 CONCERNS AND REASSURANCES

Concern

I had COVID-19 and I am immune for life.

Reassurance

- Evidence suggests that people **get better protection** by being fully vaccinated.
- Unvaccinated people who already had COVID-19 are more than **2 times as likely** than fully vaccinated people to get COVID-19 again.

Reassurance

- Reports of death after COVID-19 vaccination are **rare**.
- 7,899 reports of death out of 386 million doses given were reported (**0.0020%**).
- Most of those that died after the vaccine was due to **other underlying conditions**.

Concern

The COVID-19 vaccine can kill me. I've heard of people dying after getting the vaccine.

Concern

The vaccine was developed too fast so it can't be safe. They still need to conduct more tests.

Reassurance

- Designing the vaccines began far earlier than when COVID-19 was first detected.
- The basic research on RNA vaccines have benefited from **10-15 years of strong research**.
- Scientists have been **studying** coronaviruses for **over 50 years**. This meant scientists had existing data on the structure, genome, and life cycle of this type of virus.

Reassurance

- **It typically takes a few weeks after vaccination for the body to produce T and B-lymphocytes, which are the memory cells.**
- **Sometimes after vaccination, the process of building immunity can cause symptoms, such as fever. These symptoms are normal and are signs that the body is building immunity.**
- To be fully vaccinated, you will need one or two shots of some COVID-19 vaccines.
 - Two shots: If you get **Pfizer-BioNTech** and **Moderna** COVID-19 vaccines require two shots.
 - One Shot: If you get **Johnson & Johnson's Janssen** COVID-19 vaccine only requires one shot.
- Vaccines are now widely available. 90% of people in the United States live within 5 miles of a COVID-19 vaccine location.

Concern

I don't know what they are putting in my body; what if I have long-term issues after.

REMEMBER TO CONTINUE

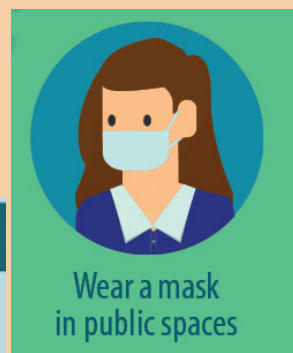
Stay at least 6 feet (about 2 arms' length) from other people.

6 ft

Frequently wash your hands



Wear a mask in public spaces



Sources:

1. <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/adverse-events.html>
2. <https://www.medicalnewstoday.com/articles/how-did-we-develop-a-covid-19-vaccine-so-quickly#Other-coronaviruses>
3. <https://www.cdc.gov/media/releases/2021/s0806-vaccination-protection.html>