



# WHY WEAR A MASK?

## WHY SHOULD I WEAR A MASK?

- COVID-19 is spread from person to person through respiratory droplets. To prevent these respiratory droplets from reaching others when you cough, sneeze, or speak it is important to wear a mask which acts as a barrier. Studies have shown that masks reduce the spray of droplets when worn properly over the nose and mouth.

- Yes, according to the updated CDC guidelines on the Delta variant, it is important to wear a mask even if you are fully vaccinated. Wearing a mask reduces the risk of being infected with the Delta variant and possibly spreading it to others. Wear a mask especially if you are indoors in public areas with multiple people. Example of such areas may include but are not limited to: Gym, supermarkets, office space, bars, etc.

## SHOULD I WEAR A MASK IF I AM FULLY VACCINATED?

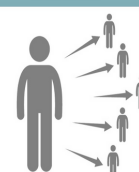
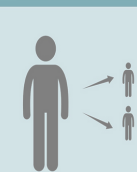
## ABOUT THE DELTA VARIANT

- May cause breakthrough infection on vaccinated people
- Fully vaccinated people with breakthrough infection (when people get infected after vaccination) can spread the virus to others
- May cause more severe illnesses than previous strains in unvaccinated people

The Delta variant is more contagious than previous strains—it may cause more than **2x** as many infections

ORIGINAL COVID-19 STRAIN


DELTA VARIANT




Vaccines protect you from hospitalization, severe infections, and death

## Get Vaccinated

Find a COVID-19 vaccine near you.

 [Find a vaccine near you](#)

 Text your zip code to 438829

 Call 1-800-232-0233

