Yes, according to the updated CDC guidelines on the Delta variant, it is important to wear a mask even if you are fully vaccinated. Wearing a mask reduces the risk of being infected with the Delta variant and possibly spreading it to others. Wear a mask especially if you are indoors in public areas with multiple people. Example of such areas may include but are not limited to: Gym, supermarkets, office space, bars, etc.

COVID-19 is spread from person to person through respiratory droplets. To prevent these respiratory droplets from reaching others when you cough, sneeze, or speak it is important to wear a mask which acts as a barrier. Studies have shown that masks reduce the spray of droplets when worn properly over the nose and mouth.

WHY SHOULD I WEAR A MASK?

SHOULD I WEAR A MASK IF I AM FULLY VACCINATED?

May cause breakthrough infection on vaccinated people

Fully vaccinated people with breakthrough infection (when people get infected after vaccination) can spread the virus to others

May cause more severe illnesses than previous strains in unvaccinated people

ABOUT THE DELTA VARIANT

Get Vaccinated

Find a COVID-19 vaccine near you.

Find a vaccine near you

Text your zip code to 438829

Call 1-800-232-0233

SOURCE:
1. HTTPS://WWW.CDC.GOV/CORONAVIRUS/2019-NCOV/VARIANTS/DELTA-VARIANT.HTML
2. HTTPS://WWW.CDC.GOV/CORONAVIRUS/2019-NCOV/VACCINES/FULLY-VACCINATED.HTML