**Stimulant Misuse Disorder**

**Signs & Symptoms:**

1. **Taking Too Much**
   - Taking stimulants in large amounts or over a longer period of time than intended.

2. **Hard Time Controlling**
   - Persistent desire or unsuccessful efforts to cut down or control your use.

3. **Planning Next Use**
   - Spending the majority of your time thinking about where you will get them next.

4. **Cravings**
   - You have a strong desire or urge to misuse stimulants.

5. **Not Fulfilling Obligations**
   - Recurrent stimulant misuse is getting in the way of going to work, school, or taking care of your home.

6. **Social Problems**
   - Stimulant misuse is causing behavioral and physical problems with your relatives or friends.

7. **Giving Up Normal Activities**
   - Stimulant misuse is causing you to give up your important social, work, or recreational activities you used to enjoy.

8. **Dangerous Situations**
   - You are placing yourself in dangerous situations to find and misuse stimulants.

9. **Knowing Effects**
   - Stimulant misuse is continued despite knowing the physical and/or psychological problems developing at home.

10. **Tolerance**
    - Measuring noticeably more stimulants to achieve same feelings OR not feeling desired effect despite measuring the same amount.

11. **Withdrawal**
    - Continued misusing stimulant and/or taking with other stimulants to relieve or avoid withdrawal symptoms.

**Stimulants** are a class of drugs that speed up signals between the brain and body. Individuals who use stimulants feel more alert, awake, and energetic. TREATMENT OPTIONS INCLUDE...

- **Psychotherapy**
- **Medication**
- **Support Groups**

**For More Information:**
Rocky Mountain Tribal Leaders Council
2929 3rd Avenue North, Suite 300
Billings, MT 59101
406.252.2550
info@rmtlc.org

[rmtlc.org]