

# OPIOID OVERDOSE SIGNS & SYMPTOMS

Did you know American Indians and Alaskan Natives have the *second highest* opioid overdose rates (15.7 per 100,000 people) than all other US racial/ethnic groups?

Opioids are a group of chemically similar drugs used to relieve pain. These include *heroin* (illegal drug), *fentanyl* (synthetic opioid), and *prescription pain relievers*, such as oxycodone, hydrocodone, codeine, or morphine. When take not as prescribed, leads to dependence or in serious cases, death.

**KNOWING CAN HELP YOU SAVE A LIFE**

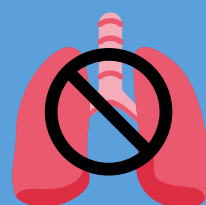
## NO RESPONSE TO STIMULATION

Try rubbing your knuckles against where the ribs come together to see if there is a response.



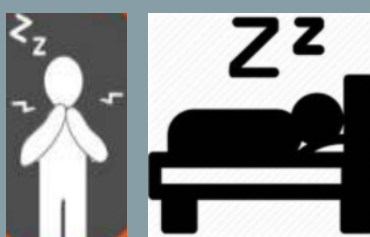
## LACK OF, SLOW BREATHING OR PULSE

Shallow breathing that is less than 10 breaths per minute or breathing has stopped.



## DEEP SNORING OR GURGLING

Choking or deep snoring sounds maybe heard.



## HEAVY OR LIMP BODY

The individual may lay there or parts of their body will feel heavy.



## SKIN IS CLAMMY, PALE, COLD, BLUISH

The skin may feel sweaty or cold, and finger tips or lips are blue in color.



## "PINPOINT" PUPILS

Open eye lips to check for constricted or tiny pupils (black dots in center of eyes)



## WHAT TO DO?

1. DIAL 911
2. ADMINISTER NALOXONE, IF AVAILABLE
3. STAY WITH PERSON UNTIL HELP ARRIVES

## FOR MORE INFORMATION OR WAYS TO HELP :

Rocky Mountain Tribal Leaders Council  
Tribal Opioid Response (TOR) Project  
2929 3rd Avenue North, Billings, MT 59101  
406.252.2550  
[www.rmtlc.org](http://www.rmtlc.org)

