

# OPIOID USE DISORDER

## SIGNS & SYMPTOMS:



### DEVELOPING TOLERANCE

Taking more opioids than necessary to get same euphoria feelings as before

### THINKING

Spending the majority of your time thinking about opioids and planning where you will get them next, if you don't have any

### DANGEROUS SITUATIONS

Opioid use is no longer just in the home or safe places but using them while driving, during work, or in other unsafe locations

### RELATIONSHIP PROBLEMS

Serious problems develop in relationships with friends, family, or those close to you, where you might lie

### FORGETTING RESPONSIBILITIES

You may forget to go to work or pay your bills but instead go out to buy opioids or steal from others to buy opioids

### AVOIDING WITHDRAWAL SYMPTOMS

Trying to avoid feelings of nausea, diarrhea, muscle aches, sweat, etc. when you don't take opioids

### HEALTH PROBLEMS

Continue to take opioids despite reoccurrence of health problems like constipation, feeling tired, and/or upset stomach

### TAKING MORE

Thinking opioid use can be controlled or taking more than you meant to take

### GIVING UP NORMAL ACTIVITIES

Activities that once made you happy are no longer priority and take a backseat, such as pow-wow dancing

### LYING TO OTHERS

You will do anything to get opioids by lying to your doctor about your use or pain tolerance



Opioids have powerful substance properties that make it hard to control use leading to addiction.

**Opioid Use Disorder (OUD)** is a common problem for anyone using opioids.

If you see or experience these signs or symptoms, asking for help is not a weakness.

**Treatment is available AND works.**

References: American Psychiatric Association (2021) Opioid Use Disorder; Psych Hub (2021); DSM-5 Opioid Use Disorder Checklist (2021)



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