

CHLAMYDIA

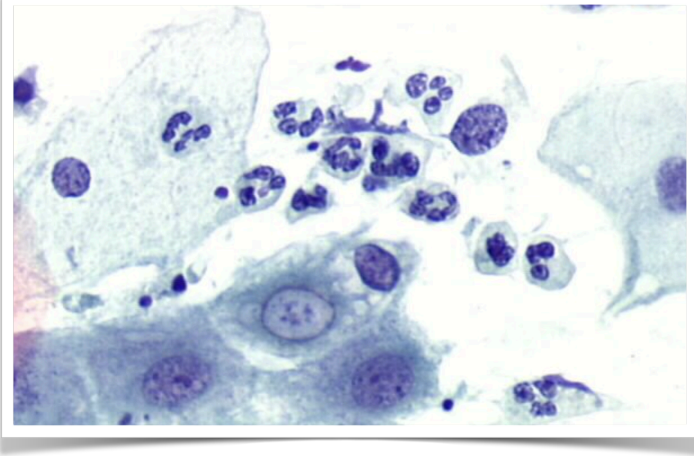
An ounce of prevention is worth a pound of cure

Chlamydia - Basics

- The most commonly reported bacterial sexually transmitted disease (STD) in the United States
- Transmission usually is caused by sexual contact through oral, anal, or vaginal intercourse
- One of the leading causes of infertility in women
- Leading cause of pelvic inflammatory disease (PID)
- Increased risk of cervical cancer

Symptoms

- *Females:* No symptoms, or painful urination, yellow purulent vaginal discharge, or abnormal vaginal bleeding (postcoital or unrelated to menses), painful sexual intercourse, lower abdominal pain, fever
- *Males:* No symptoms or painful urination, swelling of the scrotum, urethral or rectal discharge



Prevention strategies

- Practice safe sex which is essential for avoiding STDs: Avoid high risk sexual behavior, such as having multiple sex partners or intercourse without a barrier contraceptive - consider using latex condoms to minimize the chances of infection or re-infection.
- Protect your health - treat early! Antibiotic treatment is 95% effective for first-time therapy. The prognosis is excellent if treatment is initiated early and the entire course of antibiotics is completed.
- Tell your partner - it allows them to protect their health! Repeat infection with chlamydia is common - avoid sexual contact until both you and your partner have been treated.
- Get tested - free, fast, confidential testing:
<https://gettested.cdc.gov>