The heart keeps your blood moving constantly (1)
- This allows proper flow of Oxygen, Carbon Dioxide, Nutrients and Waste material to the proper cells in the body (1)
- The heart helps fight off illnesses (2)
- Any kind of disease or underlying illness can cause a malfunction

The virus causes inflammation of the heart muscle
- This disrupts the Oxygen flow which causes an increased troponin levels
- Following that, the heart undergoes distress and a heart attack results with clot formation
- The blood clots have a potential to travel to other parts of the body resulting in an embolus

Treatments are based on the type and cause of the heart inflammation.
- Medicines: Antibiotics, antifungals, blood thinners, corticosteroids, or anti-inflammatories
- Procedures: Heart surgery, pericardiocentesis
- Maintaining a healthy lifestyle
- Receive your COVID Vaccine
- Practice COVID Safety protocols

Types of Heart Inflammation (3)
- Endocarditis- inflammation of the inner lining
- Myocarditis- inflammation of the heart muscle
- Pericarditis- inflammation of the tissue sac surrounding the heart

Causes of Heart Inflammation (3)
- Viral
- Bacterial
- Fungal
- Medications
- Environmental Factors
- Autoimmune Diseases

How Does Coronavirus Affect the Heart (2)

Why is Heart Health Important

HEART HEALTH AND COVID

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