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A diagram of a virus particle. It consists of a central light blue oval core containing several small dark blue dots. Surrounding the core is a red outer shell with several T-shaped surface proteins protruding from it.

American Indians and Alaska Natives are more likely to die from pneumonia and flu than are US residents of other races.

A close-up photograph of a doctor's torso. The doctor is wearing a white lab coat and has their arms crossed. A red stethoscope is draped around their neck, with the chest piece resting on their left breast. The background is a plain, light-colored wall.

Getting the flu can predispose you to a **more severe infection.**