



Rocky Mountain Tribal Leaders Council
Good Health & Wellness in Indian Country
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Issue Date: 9/01/20
Closing Date: 9/30/20

Rocky Mountain Tribal Request for Proposal

Rocky Mountain Tribal Leaders Council (RMTLC), Good Health and Wellness in Indian Country Grant, Component 2 recipient (GHWIC2) is pleased to announce a new funding opportunity to support improving health status of American Indians of Montana and Wyoming Tribal communities. The purpose of this opportunity is to reduce rates of death and disability from **1) commercial tobacco use, 2) diabetes, 3) heart disease and stroke, and 4) reduce the prevalence of obesity and other chronic disease risk factors** and conditions experienced by the American Indian population.

The purpose will be carried out by facilitating policy, systems and environmental (PSE) changes and developing clinical-community linkage (CCL) strategies to address obesity, commercial tobacco use, type 2 diabetes, heart disease, and stroke prevention. Direct community involvement through Tribal subawards and with technical support from the RMTLC GHWIC2, will ensure that PSE and CCL efforts are culturally adapted to best serve the needs of respective Tribal communities. **Evidence based approaches/strategies are recommend when implementing projects.**

- ❖ Any tribe/organization that is working on Strategy 3 Prevent Type 2 Diabetes Prevention is expected to start developing their strategic plan in order to become Nationally Accredited by the Centers for Disease Control and Prevention (CDC) Diabetes Prevention Program (DPP) by the end of year 5. You can view the standards for CDC recognition on the website <https://www.cdc.gov/diabetes/prevention/requirements-recognition.htm>. The CDC-approved curriculum can be utilized, or you can develop your own or use that of another organization (with permission), if CDC/GHWIC2 approves it. You can view the CDC-approved PreventT2 curriculum here https://www.cdc.gov/diabetes/prevention/pdf/Curriculum_TOC.pdf.

Activities that need to be included in the workplan for year 2 are the following:

- 1) An activity that focuses on completing the organizational capacity assessment “Support Needed for CDC) with sub awardees who are facilitating Strategy 3, Supporting type 2 disease prevention, to determine the best options for establishing new CDC-recognized Type 2 Diabetes Prevention Programs
- 2) Activities that will increase awareness of prediabetes among tribal members, establishing prediabetes screening and testing opportunities as well as promoting referrals to CDC-recognized Type 2 Diabetes Prevention Program.

RMTLC GHWIC2 will award up to (7) \$70,000.00 awards to tribal health departments or tribal program located on a reservation addressing American Indian health disparities, or Urban Indian Organization (UIO)/health care facilities servicing tribal members. Projects funded under this opportunity will be expected to choose one or more C1 strategy and C1 activity aligned with the selected strategy [reference table 1.1], provide a complete project narrative to include purpose, collaboration, target populations and health disparities, organizational capacities, rationale and post award requirements section as well as a proposed workplan and budget/budget justification. Please include in your workplan, dissemination and collection of a Community Health Assessment (CHA) or Community Health Improvement Plan (CHIP). The CHA/CHIP resources will be provided to you by RMTLC GHWIC2. RMTLC GHWIC2 staff will provide technical assistance around submitting the Request for Proposal (RFP) via webinar, emails, telephone calls and special requests. RMTLC GHWIC2 will provide adequate assistance to each applicant without creating a bias. A committee will review applications and determine awardees at that time, all awardees will be notified.

Choose one Component 1 strategy			
<p>Strategy 1: Implement evidence-informed and culturally adapted policy, system, and environmental changes (PSE) to prevent obesity</p>	<p>Strategy 2: Implement evidence-informed and culturally adapted policy, system, and environmental changes (PSE) to prevent and control commercial tobacco use</p>	<p>Strategy 3: Implement evidence-informed and culturally adapted community-clinical linkages (CCL) to support type 2 diabetes prevention</p>	<p>Strategy 4: Implement evidence-informed and culturally adapted community-clinical linkages (CCL) to support heart disease and stroke prevention</p>
Choose one activity aligned with selected strategy			
<p>1.Improve tribal food and beverage programs/systems;</p> <p>2.Collaborate with partners to improve land use design to connect activity-friendly routes;</p> <p>3.Increase continuity of care/community support for breastfeeding by incorporating services into existing community support services</p>	<p>1.Implement commercial tobacco-free policies within workplaces, restaurants, bars, casinos, schools, multi-unit housing, indoor and outdoor events, celebrations and gatherings;</p> <p>2.Provide referrals to evidence-based commercial tobacco cessation treatment, including counseling and FDA-approved medications</p>	<p>Expand access to National Diabetes Prevention Program (DPP) lifestyle change program in tribal communities by:</p> <p>1.Increasing awareness of prediabetes among tribal members and health care providers/health professionals;</p> <p>2.Supporting prediabetes screening, testing, and referrals to CDC-recognized type 2 diabetes prevention programs by health care teams, community partners, health paraprofessionals;</p> <p>3.Establishing or expanding the reach of CDC-recognized type 2 diabetes prevention programs in AI/AN communities and promoting sustainability;</p> <p>4.Developing culturally relevant approaches to increase program participation and retention</p>	<p>1.Expand engagement to community health representatives and other health paraprofessional to become effective members of chronic disease prevention/management teams within local health care systems to manage and refer community members with or at high risk of high blood pressure or high blood cholesterol to appropriate and locally available health and preventive care programs;</p> <p>2.Implement team-based care, including non-physical team members (e.g. nurses, pharmacists, patient navigator), in managing patients with or at risk for high blood pressure and/or high blood cholesterol.</p> <p>3.Develop culturally relevant materials and approaches to link tribal resources and clinical</p>

		<p>among AI/AN members (e.g. culturally relevant materials innovative retention strategies, community members training as lifestyle coaches).</p> <p>Become National Diabetes Prevention Program (DPP) Certified by the end of year 5</p>	<p>services to support prevention, detection, and control of high blood pressure and/or high blood cholesterol</p>
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Table 1.1

ELIGIBILITY

Applicant must be directly associated with a tribal health department and/or UIO within the Billings Area/Rocky Mountain Region [reference table 2.1]. Only tribes and UIOs that are not Component 1 (C1) recipients will be considered for a subaward. **Only completed applications with supporting documentation received on or before 9/30/20 at 11:59 pm MST will be considered.** Submit complete applications to mitzi.hearn@rmtlc.org

PROPOSAL REQUIREMENTS

Project narrative including strategy and selected activity (choose from table 1.1) purpose and statement of need, collaborations, target populations and health disparities, organizational capacity, rationale and post award requirements section to include: draft work plan which should include strategies and activities (timeline must be included) and budget/budget justification (each applicant will be responsible for their own travel).

Tribal Health Department	UIO
Crow Nation Tribal Health & Human Services	Missoula Indian Urban Health Center
Northern Cheyenne Tribal Health Department	Helena Indian Alliance
Fort Peck Tribal Health Department	Billings Urban Indian Health & Wellness Center
Rocky Boy Tribal Health Department	Indian Family Health Clinic
Fort Belknap Tribal Health Department	North American Indian Alliance
Blackfeet Tribal Health Department	
Flathead Tribal Health Department	
Little Shell Tribes of Chippewa Indians of MT	
Northern Arapaho Tribal Health Department	
Eastern Shoshone Tribal Health Department	

Table 2.1

Award time frame: 10/1/2020 – 9/29/2021. All work must be completed, and reports submitted to RMTLC GHWIC2 no later than cob September 29, 2021. Awardees will be required to reapply for funding each year and funding will be dependent on the overall RMTLC GHWIC2 budget.

TECHNICAL ASSISTANCE

For questions or technical assistance contact RMTLC GHWIC Program Director Mitzi Hearn at mitzi.hearn@rmtlc.org.

