COVID-19

Background

Infectious agent:
- SARS-CoV-2

Disease name:
- COVID-19

Animal reservoir:
- Bats

Median incubation time:
- 5.1 days

Mortality rate by underlying disease

- Cardiovascular disease
- Diabetes Mellitus
- Respiratory disease
- Hypertension
- Cancer

Transmission

Person-to-person spread
- Close contact: 6 ft (2m)
- Direct contact with infectious secretions

Contact with infected surfaces or objects

Symptoms of COVID19

- Fever and/or chills
- Shortness of breath
- Cough, sputum production, nasal congestion, sore throat
- Fatigue, muscle and/or joint pain
- Headache
- Nausea or vomiting
- Diarrhea

Preventative steps

- Stay home except to get medical care.
- Call ahead before visiting your doctor.
- Separate yourself from other people in your home.
- Wear a face-mask (NIOSH-certified disposable N95 respirator), gown, gloves, eye protection. Learn how to properly don and remove this PPE.
- Avoid sharing personal household items.

Curated by Barbara Entl, MD