

OUR GOAL

To strengthen American Indian youth through culture.



1.

We know that cultural connections are protective against drug and alcohol abuse.

2.

We know that social support and family communications help youth abstain from drugs and alcohol.

3.

We know that environmental influences including community, family, and peers are strong correlates of drug and alcohol abuse.

We provide funding for culturally-based prevention activities to prevent substance abuse in American Indian youth.



Self-esteem, social support, and community connections are positively correlated with **Culture**.



Social Support and Self-Esteem

Youth who have more social support and higher self-esteem are less likely to report past 30-day marijuana use.



59 % of TiPI youth surveyed

talked with their family in the last 12 months about the dangers of drug and alcohol use. Family communication decreases drug and alcohol use among American Indian youth.

OUR WORK



The Tribal Prevention Initiative is a 5-year substance abuse prevention project facilitated by the Rocky Mountain Tribal Leaders Council. For more information about the TiPI project, contact Bethany Fatupaito, Project Director at 406-252-2550 or visit our website at www.rmtlc.org.

OUR PLANS

In 2017 TiPI will continue to work with Little Shell, Northern Cheyenne, Eastern Shoshone, and Fort Peck tribes to implement a variety of strength-based cultural activities for youth ages 12-20. Our survey results indicate that more than one-third of youth used marijuana in the past 30-days. TiPI will increase prevention efforts that promote cultural connections, self-esteem, life skills, and social support to reduce marijuana use in the next 2 years.



Connections

We collected 311 surveys from American Indian youth between January 2016 and February 2017. 31% of youth used marijuana in the past 30-days. Youth with higher self-esteem and greater social support were less likely to use marijuana.

Binge drinking and other illegal drug use were rare among TiPI youth surveyed.



Spiritual Values & Practices

76% of youth we surveyed feel that spiritual values are important or very important in their lives. These youth were less likely to use drugs and reported higher self-esteem, social support, and community connections.

52% of youth want to learn their language and 19% want to know their tribal history.

Prevention works. Culture Matters.



**Rocky Mountain
Tribal Leaders Council**



Tribal Prevention Initiative

We appreciate the support of tribal leaders, tribal health programs, TiPI site coordinators and youth participants! Prevention is possible because of your efforts.