



**Rocky Mountain
Tribal Leaders Council**

Transitional Recovery & Culture Project (TRAC)

What are the core ethical guidelines for peer support practice?

1. Peer support is voluntary
2. Peer supporters are hopeful
3. Peer supports are open minded
4. Peer supporters are empathetic
5. Peer supports are respectful
6. Peer supporters facilitate change
7. Peer supporters are honest and direct
8. Peer support is mutual and reciprocal
9. Peer support is equally shared power
10. Peer support is strength focused
11. Peer support is transparent
12. Peer support is person driven

Source: National Practice Guidelines for Peer Supporters