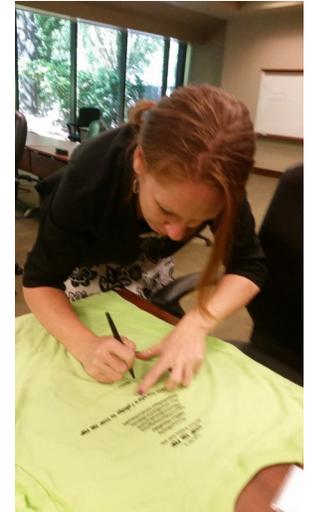
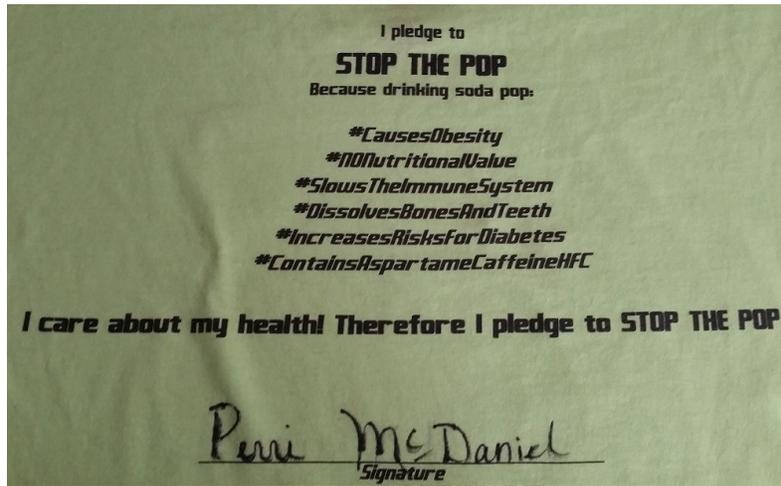


N C C D P H P

GOOD HEALTH AND WELLNESS IN INDIAN COUNTRY

TRIBAL RESOURCE DIGEST

Welcome to the Centers for Disease Control and Prevention’s (CDC) tribal resource digest for the week of October 24, 2016. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.



Stop the Pop Campaign at the Klamath Tribes

Left: Perri McDaniel, Klamath Tribal Health and Family Services Food Security Program Coordinator

*Right: Nanette Yandell signing the pledge
Middle: Nora Alexander signing the pledge*

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Request for Photos

Please send any photos of GHWIC work (community gardens, events, team meetings, etc.) to Anisha Quiroz, AQUIROZ@cdc.gov with a short description of the photo!

Announcements

5th Annual Student Research Paper Contest

Preventing Chronic Disease (PCD) is looking for high school, undergraduate and graduate students, medical residency and recent post-doctoral fellows to submit papers relevant to the prevention, screening, surveillance, and/or population-based intervention of chronic diseases, including but not limited to arthritis, asthma, cancer, depression, diabetes, obesity, and cardiovascular disease. Papers must be received electronically no later than 5:00 PM EST on January 20, 2017. Complete contest rules and details are available [here](#). Learn more [here](#).

Deadline: January 20, 2017 5:00pm EST



Traditional Food Showcase

In celebration of Native American Heritage Month, submit a poster for the Traditional Food Story Showcase. Create a poster describing a food or recipe that is important to your family's tribe(s) and enter today!

Learn more [here](#).



4 Digital Stories and Discussion Guides on Commercial Tobacco in Navajo Ceremonial Settings

This educational video series depicting traditional Navajo healers' views on the history, role, and impact of commercial tobacco in ceremonial settings, as well as solutions and policies for controlling the use of commercial tobacco within these settings, is now available online. These free videos and corresponding discussion guides can be used by health educators, community health and tobacco control practitioners, school teachers, community leaders and others working towards healthy Indigenous communities. Learn more [here](#).

[A Historical Overview of Commercial Tobacco in American Indian Life](#)

[Differences Between Commercial Tobacco and Dził Nát'oh \(traditional mountain smoke\)](#)

[The History and Impact of Commercial Tobacco in Ceremonial Settings](#)

[Creating Smoke-free Ceremonial Environments: Thoughts on Solutions and Policies](#)

Articles

Family-Centered Diabetes Program Reduces Risk Factors in Young American Indians

New findings published in *The Diabetes Educator* this month show that a family-centered diabetes prevention and management program effectively decreased body mass index and high blood pressure in American Indian adolescents diagnosed or at risk for type 2 diabetes. This study is the first to examine the impact of a home-based intervention on diabetes prevention and management for American Indian youth.

Learn more [here](#).



Sustainable Food System Policy

The [Lower Sioux Indian Community](#) and the American Indian Cancer Foundation have developed a sustainable food system policy that encourages growing indigenous foods in community gardens.

Learn more [here](#).

Trainings and Conferences

National Conference on Tobacco or Health

The National Conference on Tobacco or Health (NCTOH) is one of the largest, long-standing gatherings of the United States tobacco control movement. It attracts a diverse set of public health professionals to learn about best practices and policies to reduce tobacco use—the leading preventable cause of disease and death in the United States. Learn more [here](#).

When: March 22-24, 2017

Where: Austin, TX

Webinars

Native STAND Program

A one-hour live webinar will be offered to those interested in learning more about the Native STAND program, curriculum, the dissemination project, eligibility, application process and implementation timeline. Learn more [here](#).

When: November 17, 2016 11am PST

American Indian Youth Summer Medical Wellness Camp

Obesity has become a major health problem among American Indians. Lifestyle risk behaviors include nutrient-poor food and drink choices, larger food portions, and physical inactivity. This program will describe an American Indian Youth Summer Medical Wellness Camp that addresses the growing number of Arizona's Indian youth who are at risk for or who have been diagnosed with type 2 diabetes. Components of the Camp that will be explained include an intensive week-long experience focused on healthy eating, exercise, nutrition education and fun! All camp activities take place in an American Indian context, deeply rooted in culture. Learn more [here](#).

Title: Children's Healthy Living Program in the Pacific Islands
When: **November 8, 2016, 12:00pm PDT**

Title: Tohono O'odham Nation and Pasqua Yaqui Diabetes Program
When: **December 13, 2016, 12:00pm PDT**



Introduction to CDC Diabetes Prevention Programs in Tribal Communities

CDC's Division of Diabetes Prevention is offering two introductory webinars.

When: **Monday, November 7 2:00 – 3:30 p.m. EST**
&
Tuesday, November 15 4:00 – 5:30 p.m. EST

Join to hear more about:
Overview of the National DPP and DPRP
Shared testimony from Tribal applicants

Click link to: [Join Skype Meeting](#) All can access the Skype for Business Web App for free and then follow the instructions in the Web browser window to join the meeting.

Join by phone: (855) 644-0229 Conference ID: 2351261
Email Kavitha Muthuswamy at ih8@cdc.gov for questions. No registration is required. All welcome, please distribute widely through your networks.



“Did Our Ancestors Eat Buffalo Chicken?: Decolonizing Practices in Urban Health”

The Inter-Tribal Council of Michigan's National Native Network and the Indian Health Services Clinical Support Center (Accredited Provider) present a webinar series: Cancer Risk Reduction in Indian Country.

Register [here](#).

Date: **October 31, 2016 3:00pm EST**

Contact Mike Willette at mwillette@itcmi.org for a copy of the flier or more information.

Funding Opportunities

USDA Community Facilities Direct Loan and Grant Program

Direct USDA loans and/or grants to construct, enlarge, or improve essential community facilities for healthcare, public safety, education, and public services in rural areas. This program provides affordable funding to develop essential community facilities in rural areas. An essential community facility is defined as a facility that provides an essential service to the local community for the orderly development of the community in a primarily rural area, and does not include private, commercial or business undertakings.

Read more [here](#).



Healthy Places for Healthy People

Provides direct technical support for communities to work with healthcare facilities to promote preventive healthcare and help create vibrant, thriving communities. Eligible applicants are organizations and agencies proposing to work in a neighborhood, town, or city located anywhere in the United States, including Tribes. Special consideration will be given to:

- Applications that include representatives from both the community and a healthcare facility
- Applications that demonstrate existing or new partnerships among multi-sector partners and a healthcare facility to promote community revitalization and economic development
- Communities that are economically distressed and/or underserved, including those in rural Appalachia

Learn more [here](#).

Deadline: **November 6, 2016**



National Native Health Research Training Initiative

The Indian Health Service today announced the funding opportunity for a new project, the National Native Health Research Training Initiative. When awarded, this cooperative agreement will help build capacity and share best practices in American Indian and Alaska Native health research and will promote tribally driven research through education and training opportunities. The award amount is approximately \$225,000 per year for a project period of up to five years. To read the full announcement, please click [here](#).

Deadline: **October 30, 2016**

To read more about the deadline, application and review process please click [here](#).

Contact Information

National Center for Chronic Disease Prevention and Health Promotion

Office of the Medical Director
4770 Buford Highway, MS F80
Atlanta, GA 30341
(770) 488-5131

<http://www.cdc.gov/chronicdisease/index.htm>

The digest serves as your personal guide to repositories of open and free resources where you can find content to enrich your program or your professional growth. Please note that CDC does not endorse any materials or websites not directly linked from the CDC website. Links to non-Federal organizations found in this digest are provided solely as a courtesy. CDC is not responsible for the content of the individual organization web pages found at these links. If you have comments or suggestions about this weekly update, please email Anisha Quiroz at AQUIROZ@cdc.gov with the words "TRIBAL DIGEST" in the subject line.