

N C C D P H P
GOOD HEALTH AND WELLNESS IN INDIAN COUNTRY
TRIBAL RESOURCE DIGEST

Welcome to the Centers for Disease Control and Prevention’s (CDC) tribal resource digest for the week of October 3, 2016. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.



2016 Site Visit to San Carlos Apache Tribe

Meeting with chairman Randall of San Carlos Apache Tribe. ITCA staff and CDC staff in attendance.

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Request for Photos

Please send any photos of GHWIC work (community gardens, events, team meetings, etc.) to Anisha Quiroz, myq6@cdc.gov with a short description of the photo!

Announcements

Indigenous Pink Day

Indigenous Pink Day, Friday October 21st, is a national breast cancer awareness campaign for American Indians/Alaska Natives. The AMERICAN INDIAN CANCER FOUNDATION invites men and women of all ages to wear pink and share photos on social media using the hashtag #IndigenousPink to spread breast cancer awareness. Breast cancer is the second leading cause of cancer death and the most common cancer found in American Indian/Alaska Native women. The goal of Indigenous Pink Day is to educate all indigenous people on the importance of early detection and remind men and women to keep up to date on their screenings.

Learn more [here](#).



Visit Our Virtual Healthy School

The Whole School, Whole Community, Whole Child (WSCC) model expands on the eight elements of CDC's coordinated school health framework. CDC and the Association for Supervision and Curriculum Development (ASCD) developed this expanded model—working with key leaders from the fields of health, public health, education, and school health—to strengthen learning and health in our nation's schools.

Learn more [here](#).



Articles

USDA Commits \$56 Million for Local and Community Food Projects, Organic Research

NEW YORK, Sept. 28, 2016 - At the New York Times Food for Tomorrow Conference, Agriculture Secretary Tom Vilsack today announced more than \$56 million in grants to strengthen local and regional food systems, support farmers markets, and fund organic research. Since 2009, USDA has invested over \$1 billion in more than 40,000 local food businesses and infrastructure projects.

Read more [here](#).

Webinars

American Indian Youth Summer Medical Wellness Camp

Obesity has become a major health problem among American Indians. Lifestyle risk behaviors include nutrient-poor food and drink choices, larger food portions, and physical inactivity. This program will describe an American Indian

Youth Summer Medical Wellness Camp that addresses the growing number of Arizona's Indian youth who are at risk for or who have been diagnosed with type 2 diabetes. Components of the Camp that will be explained include an intensive week-long experience focused on healthy eating, exercise, nutrition education and fun! All camp activities take place in an American Indian context, deeply rooted in culture. Participants also receive in-depth physical assessments to track progress and personalize pathways to health. This is part of a four-part [series](#). Learn more [here](#).

Title: Hualapai Community Nutrition Programs
When: September 13, 2016, 12:00pm PDT

Title: Youth Wellness Camp for Native American Children and Adolescents
When: **October 11, 2016, 12:00pm PDT**

Title: Children's Healthy Living Program in the Pacific Islands
When: **November 8, 2016, 12:00pm PDT**

Title: Tohono O'odham Nation and Pasqua Yaqui Diabetes Program
When: **December 13, 2016, 12:00pm PDT**

Tobacco Prevention Webinar

Second-hand smoke exposure has been shown to be a significant cause of premature morbidity and mortality, and is an important health risk that should be assessed by healthcare providers. While many states and communities have implemented smoke-free policies, those policies do not apply to tribal lands. Our research findings have relevance to clinicians who treat American Indian and Alaska Native populations because it helps to characterize why smoke-free policies have not been implemented in tribal lands.

When: **October 12, 2016, 1:00pm EDT**

CONNECTION INFORMATION:

1. Go to: <https://lhs.adobeconnect.com/r2bppvshivc/>
2. Select the "Enter as a Guest" option.
3. Input your name (first and last) in the Name box. Press the "Enter Room Button"

Trainings and Conferences

2016 14th American Indian Health Research Conference

The annual American Indian Health Research Conference provides a daylong event with national speakers, researchers, students, and community members. This is an opportunity to learn about how to do research with American Indian communities, what research needs to be done in American Indian communities, for students to present their research with American Indians, and opportunities to partner between communities, tribal colleges, and researchers.

[Learn more](#)

When: October 20, 2016

Where: Alerus Center, Grand Forks



National Conference on Tobacco or Health

The National Conference on Tobacco or Health (NCTOH) is one of the largest, long-standing gatherings of the United States tobacco control movement. It attracts a diverse set of public health professionals to learn about best practices and policies to reduce tobacco use—the leading preventable cause of disease and death in the United States. [Learn more](#)

When: March 22-24, 2017

Where: Austin, TX

Funding Opportunities

Echoing Green Fellowships

Echoing Green Fellowships provide seed-stage funding and strategic assistance to emerging leaders driving positive social change around the globe. Echoing Green Fellows reject the status quo and drive positive social change around the world. While their geographies and approaches are as varied as the problems they are working to solve, their passion and deep commitment are the common threads between this highly-engaged community of leaders. [Learn more](#). Still [more](#)

Deadline: October 25, 2016

Accelerating Community-Centered Approaches in Health

Supports innovative population health programs and policies that work to improve health at the community level, including the use of new financial models to achieve cost effective solutions. Priorities include:

- ◆ Community-based collaborations that bring together healthcare, public health, and local and grass-roots organizations to improve population health and health equity
- ◆ Leadership development that aims to build the next generation of public health leaders
- ◆ Innovative population health programs and policies that advance efforts to spread successful program models and policies that link clinics and communities

Funded by the Kresge Foundation.

Read more [here](#).

Contact Information

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<http://www.cdc.gov/chronicdisease/index.htm>

The digest serves as your personal guide to repositories of open and free resources where you can find content to enrich your program or your professional growth. Please note that CDC does not endorse any materials or websites not directly linked from the CDC website. Links to non-Federal organizations found in this digest are provided solely as a courtesy. CDC is not responsible for the content of the individual organization web pages found at these links. If you have comments or suggestions about this weekly update, please email Anisha Quiroz at myq6@cdc.gov with the words "TRIBAL DIGEST" in the subject line.