

N C C D P H P
GOOD HEALTH AND WELLNESS IN INDIAN COUNTRY
TRIBAL RESOURCE DIGEST

Welcome to the Centers for Disease Control and Prevention’s (CDC) tribal resource digest for the week of September 12, 2016. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.

*Pascua Yaqui Tribe
 Sub-awardee Site Visit*

*Front row left to right
 Glenda Tovar, Christina Iyengar, Vanessa Dodge, Emery Tahy, Elizabeth Magnuson, Shanna Tautolo, Ignacia Bennet, Larry Alonso*

*Back row left to right
 Eric Hardy, Gwenda Gorman, Madison Fulton, Yesenia Alvarez*



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Request for Photos

Please send any photos of GHWIC work (community gardens, events, team meetings, etc.) to Anisha Quiroz, myq6@cdc.gov with a short description of the photo!

Announcements

The IHS Division of Diabetes Treatment and Prevention is delighted to announce the release of the Special Diabetes Program for Indians (SDPI) Diabetes Prevention (DP) and Healthy Heart (HH) Toolkits

For more than a decade, SDPI DP/HH grantees implemented programs for diabetes prevention and cardiovascular disease (CVD) risk reduction in American Indian/Alaska Native (AI/AN) communities. SDPI DP grantees applied a proven lifestyle change intervention designed to reduce the risk of diabetes in high risk individuals, while SDPI HH grantees used an intensive case management approach to reduce CVD risk in people with diabetes. Both programs worked to meet the needs of their communities and incorporated tradition and culture into their interventions.

Based on the work and successful outcomes of the SDPI DP/HH Programs, the toolkits were developed to share grantees' successes and lessons learned. Each toolkit contains four modules that provide information on the development, implementation, and sustainability of a DP or HH program. The appendices in each of the toolkits include examples of resources and materials that were used by SDPI DP/HH grantees.

We thank the SDPI DP/HH grantees for sharing their experiences so that others will benefit. It is hoped that many communities will use the toolkits to implement their own innovative strategies to reduce diabetes and CVD risk – and create healthier futures for AI/AN people. Feel free to adapt the toolkit resources to best meet the needs of your community.

Warm regards,
Division of Diabetes

View the tool kits [here](#).

Articles

Safe Sleep & Infant Mortality in Indian Country

The Urban Indian Health Institute, a partner within the National Action Partnership to Promote Safe Sleep (NAPPSS), is working to share and promote the NAPPSS' Action Plan with health care providers to encourage active conversations about infant mortality risk-reduction and safe sleep behavior with infant caregivers. This is Part 2 of a 3-Part series focusing on preventable causes of infant mortality and safe infant sleep behaviors in Indian Country.

Read more [here](#).

Webinars

Tribal Youth Suicide Prevention: Current Perspectives

This webinar is designed to build knowledge of suicide and prevention activities in Indian Country and increase competency to address this problem. Presenters will provide up-to-date information on suicide prevention activities, to include best practices and innovative strategies. An overview of suicide and prevention efforts in Indian Country will set the stage, and information on culturally-relevant prevention, treatment, and rehabilitation activities will be discussed as well as current efforts to address suicide prevention for Native Americans/Alaska Natives.

Read more [here](#).

When: **September 22, 2016, 1:00-2:30pm EDT**



Achieving Health Equity—One Policy at a Time

Public policies within and outside the health sector have a significant impact on population health and health inequities. Given its role in ensuring population health and eliminating health inequities, the Washington State Department of Health (DOH) initiated efforts to apply a health equity lens to proposed state legislation. The department embedded health equity considerations into decision-making processes across a broad array of sectors. Learn more [here](#).

When: **September 22, 2016, 3:00pm EDT**

Trainings and Conferences

National Conference on Tobacco or Health

The National Conference on Tobacco or Health (NCTOH) is one of the largest, long-standing gatherings of the United States tobacco control movement. It attracts a diverse set of public health professionals to learn about best practices and policies to reduce tobacco use—the leading preventable cause of disease and death in the United States. [Learn more](#)

When: March 22-24, 2017

Where: Austin, TX



The White House/Council on Native American Affairs: Save the date for the 8th Annual White House Tribal Nations Conference

This conference provides tribal leaders from the 567 federally recognized tribes with the opportunity to interact directly with high-level federal government officials. [Learn more](#)

When: September 26, 2016

Funding Opportunities

Pilot Studies to Detect and Prevent Suicide Behavior, Ideation and Self-Harm in Youth in Contact with Juvenile Justice System (R34)

This initiative supports research to test the effectiveness of combined strategies to both detect and intervene to reduce the risk of suicide behavior, suicide ideation, and non-suicidal self-harm (NSSI) by youth in contact with the juvenile justice system. Opportunities for detection and prevention start at early points of contact (e.g., police interaction, the intake interview) and continue through many juvenile justice settings (e.g., pre-trial detention, juvenile or family court activities, court disposition, placement and on-going care in either residential or multiple community settings.)

Read more [here](#).

Contact Information

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