

N C C D P H P
GOOD HEALTH AND WELLNESS IN INDIAN COUNTRY
TRIBAL RESOURCE DIGEST

Welcome to the Centers for Disease Control and Prevention’s (CDC) tribal resource digest for the week of October 10, 2016. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.



*Chi Garden 2016 is at the Chiloquin Community Garden and Greenhouse
 Showing: Cabbage, squash, and cucumbers.*

Table of Contents

Request for Photos	2	Employment Opportunities	3
Announcements	2	UIHI Job Opportunity	3
Indigenous Pink Day		Trainings and Conferences	3
Affordable Care Act Toolkit for Native Youth		2016 14th American Indian Health Research Conference	
Articles	2	Funding Opportunities	3
Identifying Ancestral Foods (Raw and Organic)		Circles of Care VII: Planning and Developing Infrastructure to Improve the Mental Health and Wellness of Children, Youth, and Families in American Indian/Alaska Natives (AI/AN) Communities	
Webinars	2	Healthy Places for Healthy People	
American Indian Youth Summer Medical Wellness Camp		Contact Information	3
Tribal Accreditation Readiness Webinars			

Request for Photos

Please send any photos of GHWIC work (community gardens, events, team meetings, etc.) to Anisha Quiroz, myq6@cdc.gov with a short description of the photo!

Announcements

Indigenous Pink Day

Indigenous Pink Day, Friday October 21st, is a national breast cancer awareness campaign for American Indians/Alaska Natives. The AMERICAN INDIAN CANCER FOUNDATION invites men and women of all ages to wear pink and share photos on social media using the hashtag #IndigenousPink to spread breast cancer awareness. Breast cancer is the second leading cause of cancer death and the most common cancer found in American Indian/Alaska Native women. The goal of Indigenous Pink Day is to educate all indigenous people on the importance of early detection and remind men and women to keep up to date on their screenings.

Learn more [here](#).



Affordable Care Act Toolkit for Native Youth

National Indian Health Board, in partnership with the Indian Health Service (IHS): New resource. Affordable Care Act Toolkit for Native Youth. This toolkit introduces Native youth to concepts of the ACA, Medicaid, and health insurance coverage, and encourages Native youth to learn more from their local Patient Benefit Coordinator (PBC) or Enrollment Assistor Entities.

Learn more [here](#).

Articles

Identifying Ancestral Foods (Raw and Organic)

A key step to adopt the ancestral way of life is to know what foods you should eat.

Read more [here](#) and [here](#).

Webinars

American Indian Youth Summer Medical Wellness Camp

Obesity has become a major health problem among American Indians. Lifestyle risk behaviors include nutrient-poor food and drink choices, larger food portions, and physical inactivity. This program will describe an American Indian Youth Summer Medical Wellness Camp that addresses the growing number of Arizona's Indian youth who are at risk for or who have been diagnosed with type 2 diabetes. Components of the Camp that will be explained include an intensive week-long experience focused on healthy eating, exercise, nutrition education and fun! All camp activities take place in an American Indian context, deeply rooted in culture. Participants also receive in-depth physical assessments to track progress and personalize pathways to health. This is part of a four-part [series](#). Learn more [here](#).

Title: Hualapai Community Nutrition Programs
When: September 13, 2016, 12:00pm PDT

Title: Youth Wellness Camp for Native American Children and Adolescents
When: October 11, 2016, 12:00pm PDT

Title: Children's Healthy Living Program in the Pacific Islands
When: **November 8, 2016, 12:00pm PDT**

Title: Tohono O'odham Nation and Pasqua Yaqui Diabetes Program
When: **December 13, 2016, 12:00pm PDT**



Tribal Accreditation Readiness Webinars

Previously recorded webinars on topics related to Tribal public health accreditation readiness activities

Webinar 1: [Self-Assessment Workbook for Tribal Health Departments](#)

Webinar 2: [Tribal Accreditation Readiness: Guidebook & Roadmap](#)

Webinar 3: [Tribal - State Relations in Public Health](#)

Webinar 4: [Public Health Accreditation: Organizing for Success](#)

Webinar 5: [Destination Accreditation: Celebrating Cherokee Nation's Journey and Achievement](#)

Employment Opportunities

UIHI Job Opportunity

Position: Project Associate

PRIMARY RESPONSIBILITIES: The Project Associate will be responsible for day to day coordination of midscale projects. This may include serving as a point of contact for a project, coordination of activities, overseeing consultants, and reporting. The Project Associate may help respond to data requests, conduct literature reviews, maintain databases, and provide technical assistance to Urban Indian Health Organizations and other stakeholders. Responsibilities include project planning and assisting in program development and/or coordination.

More information including major duties and qualifications are posted [here](#).

Deadline: September 30, 2016

Trainings and Conferences

2016 14th American Indian Health Research Conference

The annual American Indian Health Research Conference provides a daylong event with national speakers, researchers, students, and community members. This is an opportunity to learn about how to do research with American Indian communities, what research needs to be done in American Indian communities, for students to present their research with American Indians, and opportunities to partner between communities, tribal colleges, and researchers.

Learn more [here](#).

When: October 20, 2016
Where: Alerus Center, Grand Forks

Funding Opportunities

Circles of Care VII: Planning and Developing Infrastructure to Improve the Mental Health and Wellness of Children, Youth, and Families in American Indian/Alaska Natives (AI/AN) Communities

Funding to provide tribal and urban Indian communities with tools and resources to plan and design a holistic, community-based, coordinated system of care to support mental health and wellness for children, youth, and families.

Read more [here](#).



Healthy Places for Healthy People

Provides direct technical support for communities to work with healthcare facilities to promote preventive healthcare and help create vibrant, thriving communities. Eligible applicants are organizations and agencies proposing to work in a neighborhood, town, or city located anywhere in the United States, including Tribes. Special consideration will be given to:

- Applications that include representatives from both the community and a healthcare facility
- Applications that demonstrate existing or new partnerships among multi-sector partners and a healthcare facility to promote community revitalization and economic development
- Communities that are economically distressed and/or underserved, including those in rural Appalachia

Learn more [here](#).

Deadline: November 6, 2016

Contact Information

National Center for Chronic Disease Prevention and Health Promotion

Office of the Medical Director
4770 Buford Highway, MS F80
Atlanta, GA 30341
(770) 488-5131

<http://www.cdc.gov/chronicdisease/index.htm>

The digest serves as your personal guide to repositories of open and free resources where you can find content to enrich your program or your professional growth. Please note that CDC does not endorse any materials or websites not directly linked from the CDC website. Links to non-Federal organizations found in this digest are provided solely as a courtesy. CDC is not responsible for the content of the individual organization web pages found at these links. If you have comments or suggestions about this weekly update, please email Anisha Quiroz at myq6@cdc.gov with the words "TRIBAL DIGEST" in the subject line.