

N C C D P H P

GOOD HEALTH AND WELLNESS IN INDIAN COUNTRY

TRIBAL RESOURCE DIGEST

Welcome to the Centers for Disease Control and Prevention’s (CDC) tribal resource digest for the week of August 29, 2016. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.



Intertribal Council of Arizona

*Left to right
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Request for Photos

Please send any photos of GHWIC work (community gardens, events, team meetings, etc.) to Anisha Quiroz, myq6@cdc.gov with a short description of the photo!

Announcements

The White House/Council on Native American Affairs: Save the date for the 8th Annual White House Tribal Nations Conference

This conference provides tribal leaders from the 567 federally recognized tribes with the opportunity to interact directly with high-level federal government officials. [Learn more](#)

When: September 26, 2016



Native Agriculture & Food Systems Scholarship Program

The purpose of the Native Agriculture and Food Systems Scholarship Program is to encourage more Native American college students to enter these fields so that they can better assist their communities with these efforts. In an attempt to increase the number of students entering these fields, First Nations will award ten \$1,000 scholarships for the 2016-2017 academic school year to Native American college students majoring in agriculture and agriculture-related fields, including but not limited to: agribusiness management, agronomy, animal husbandry, aquaponics, environmental engineering, fisheries and wildlife, food production and safety, food-related policy and legislation, food science and technology, horticulture, irrigation science, nutrition education, and sustainable agriculture or food systems.

Learn more [here](#).



University Vision, Design and Capacity (U-VDC) Technical Grant Writing Workshops

The University Vision, Design and Capacity (U-VDC) technical grant writing workshops, part of the HETAP initiative, provide university and health professionals with strategies to make grant proposals more competitive. This hands-on, two-day workshop is for junior faculty, staff and college/university health professionals who are interested in community-based participatory research; who are committed to working with underserved populations; and who want to build their institution's capacity to compete and receive competitive grant awards. Learn more [here](#).

When: September 13-14, 2016

Where: Fond du Lac Tribal and Community College

Articles

Ball Is Life

Posted August 1, 2016 by Celina Gray

It's inspiring as a child to have a hometown athlete who breaks into the big leagues. For some, childhood sports and team tournaments are the only escape from a rough reservation life. There are certain qualities that come from being on a team and playing sports. The ability to work together, the usefulness and acceptance of everyone's strengths and weaknesses, hard work towards a goal, and sportsmanship for all because you cannot win them all are all difficult life lessons to learn sometimes, even for adults. But also being assimilated into a society that is so technologically advanced can make it hard for children to get outside to play games when they can "play" basketball, football, or even "go swimming" in a video game.

Read the full article [here](#).

Resources

Tips for Making your Clinic Teen-Friendly

Read more [here](#).

Webinars

September 2016 Obesity Prevention Webinar Series

Building the Case for Enhanced Client Engagement for Obesity Prevention through Health Coaching

by Michelle Archuleta, MS

Notah Begay III Foundation - Addressing Childhood Obesity and Children's Health in Indian Country

by Olivia Roanhorse, MPH & Michelle Gutierrez, MA

<http://ihs.adobeconnect.com/ihs-hpdp>

When: **September 13, 2016, 1:00pm ET**



Promoting Healthy Food Choices and Physical Activity in a Rural American Indian Community

Since the 1990s, American Indian and Alaska Native (AIAN) communities have seen an increase in health promotion programs that teach healthy food choices and support physical activity as strategies to decrease risk factors and manage type 2 diabetes. This presentation will share strategies implemented in one American Indian community that strive to make healthy food choices and physical activity a community responsibility, not individual challenge. Learn more [here](#).

When: **September 13, 2016, 12:15pm PDT**



Achieving Health Equity—One Policy at a Time

Public policies within and outside the health sector have a significant impact on population health and health inequities. Given its role in ensuring population health and eliminating health inequities, the Washington State Department of Health (DOH) initiated efforts to apply a health equity lens to proposed state legislation. The department embedded health equity considerations into decision-making processes across a broad array of sectors. Learn more [here](#).

When: **September 22, 2016, 3:00pm EDT**

Trainings and Conferences

Cross Cultural Health Care Program (CCHCP) Training: Closing the Gap, Cultural Competency Training of Trainers Institute

This Institute provides a 5-day intensive course for organizations to meet mandates and recommendations for culturally and linguistically appropriate services. [Learn more](#)

When: **October 31-November 4, 2016**

Where: Seattle, WA

Funding Opportunities

Healthy Native Babies Outreach Stipend Application

The Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD) is pleased to announce that outreach stipends of up to \$1500 are available for Tribes and organizations serving American Indian and Alaska Native communities. These stipends are available for printing customized outreach materials to disseminate safe infant sleep in your community. Decisions regarding awards are made on a rolling basis and will be made within 4 weeks of receiving your application.

The outreach stipend application as well as more details about eligibility criteria are available through this [Healthy Native Babies Application](#) download.

If you do not wish to apply for an outreach stipend, you may still order national flyers, brochures, a Workbook Packet (which includes the Toolkit Disk), and a Facilitator's Packet visit the [National Institute of Health Safe to Sleep website](#).

If you have any additional question or need additional information, please email the [Native American Management Service](#) or call 1-888-996-9916. Take advantage of these free resources to spread the word about safe infant sleep.

Contact Information

National Center for Chronic Disease Prevention and Health Promotion

Office of the Medical Director
4770 Buford Highway, MS F80
Atlanta, GA 30341
(770) 488-5131

<http://www.cdc.gov/chronicdisease/index.htm>

The digest serves as your personal guide to repositories of open and free resources where you can find content to enrich your program or your professional growth. Please note that CDC does not endorse any materials or websites not directly linked from the CDC website. Links to non-Federal organizations found in this digest are provided solely as a courtesy. CDC is not responsible for the content of the individual organization web pages found at these links. If you have comments or suggestions about this weekly update, please email Anisha Quiroz at myq6@cdc.gov with the words "TRIBAL DIGEST" in the subject line.